



PAULETTE BROWN-HINDS

My hero: Ida B. Wells, for her fearlessness, tenacity and commitment to social justice.

Favorite restaurant: Ella's

Guilty pleasure: Eating out

Favorite book: "Stress-Less"

Hobby: Reading

Best achievement: Earning my PhD

Best vacation getaway: Palm Springs

Best workday strategy: Enjoy each day—even the busy ones.

Dr. Paulette Brown-Hinds is married to Professor Rickerby Hinds and they are the parents of one son, Alexander.

A highly successful businesswoman, Dr. Brown-Hinds counts several mentors from higher education to business development. "They continue to offer me guidance and direction. They have helped me with everything from preparing for graduate school, negotiating my first academic position, to all aspects of building my business."

Dr. Brown-Hinds earned her PhD in English Literature with an emphasis in Early American Literature from the University of California, Riverside, and has taught at various universities throughout the country including the

University of Cincinnati, Pomona College, CSU San Bernardino, University of Redlands, and UC Riverside. She is currently an adjunct faculty member at CSU San Bernardino.

As an expert in ethnic media Dr. Brown-Hinds is often asked to participate in forums on ethnic media for various trade and academic organizations. She has also published a number of scholarly articles on 20th Century Black women writers.

Dr. Brown-Hinds is the founder and managing partner of BPC Mediaworks, LLC, a strategic communications firm she founded with her sister in 2004. Its client list includes a number of key California candidates, initiatives, government agencies and companies.

"What I like about Sacculturalhub.com and THE HUB Magazine is that it keeps me informed about events in Sacramento even though I'm all the way down here in Riverside. Knowing what's happening all over the state is important to my business."



DEBORAH SCOTT

By Donna Michele Ramos

3 words that describe me: Giving, understanding and motivating

My hero: Me, due to my pushing and motivating others. But this is the ultimate for me to keep going and not break down.

Favorite book: Don't have a book, but my favorite magazine is *ESSENCE*.

Best achievement: Making it through cancer treatment and staying positive. This is my biggest challenge in life to stay positive and make it through 100 percent.

Favorite restaurant: I don't have a particular restaurant, but I love food in general, especially salad.

Slogan I live by: If you rest, you will rust; it's my workout strategy to get moving.

Deborah Scott is a breast cancer survivor. Earlier this year she was diagnosed with an advanced, aggressive cancer while working a full time position with Campbell Soup. She is also an exercise instructor at Sac Fitness (formerly Fitness System) in Sacramento. She has given us some insight into her experience on dealing with her diagnosis.

THE HUB: Tell us about your journey to wellness. How did you find out you had cancer? What was your first thought? How have you gotten through this huge challenge?

Deborah: On December 2010, I had a mammogram and was told to come back two days later. They wanted to do a biopsy and ultrasound. When they concluded that, they said they wanted to start procedures. I had a lumpectomy and it showed that I had invasive, aggressive ductal carcinoma in situ. It was spreading through my lymph nodes—out of 20 you shouldn't have 9 positive—and it was spreading fast. One month later I had chemo every two weeks for eight treatments. Next Wednesday, I start Herceptin treatment. I will have to have 17 treatments and they will not end until this

time next year. I am putting my trust in God. Family and friends support has been unbelievable.

THE HUB: Were you born and raised in California?

Deborah: I was born in Illinois and moved here at 19 years old.

THE HUB: Tell us more about your family.

Deborah: My daughter Asia is 15 and my fiancé is Clayton.

THE HUB: What would you change about Sacramento?

Deborah: Sacramento needs to add direction and activities for our youth. I have a 15-year old and there is not much out there for her.

THE HUB: Tell us what you like or don't like about your job.

Deborah: There is nothing I don't like about it; I have been teaching for over 12 years. I really like feeling good and helping others get into that mindset. It is all about the approach.

THE HUB: Define what an "Exceptional Woman of Color" is to you.

Deborah: A very understanding and strong nurturing mother.

Deborah Scott's story is a strong testimony to faith and positive thinking. She is a blessing to others who may either be experiencing all the challenges of cancer or who know someone close to them who is going through this same situation.

"I enjoy THE HUB articles on local people, there are lots of things going on that you don't know about like the Exceptional Women of Color luncheon and businessmen ads; what's coming up in events; it keeps me informed." ■

